

# Presenters

## **Barry Jordan, MD,**

- Associate Professor of Clinical Neurology at Weill Medical College of Cornell University
- Director of the Memory Evaluation and Treatment Service (METS) and the Brain Injury Program at Burke Rehabilitation Hospital, White Plains,

## **Rick Zappala, MS, ATC**

- Athletic Trainer at Paul D Schreiber High School in Port Washington, NY
- Former Head Athletic Trainer at Hofstra University
- Recognized by the NATA as a Most Distinguished Athletic Trainer award recipient

## **Eric Small, MD**

- Nationally recognized expert in Pediatric/Adolescent Sports Medicine
- Author of Kids and Sports
- Assistant Clinical Professor in Pediatrics, Orthopedics, and Rehabilitation Medicine, Mount Sinai School of Medicine

## **Herb Doerr, PT, ATC**

- Owner of HHD-Eagle Physical Therapy Solutions
- Adjunct Clinical Professor at NYU
- Former Regional Director of Industrial Services and Coordinator of the National Industrial Therapy Clinical Education Team for HealthSouth

## **Joe Regan, MS**

- Nutritionist and Exercise Physiologist specializing in sports nutrition, strength and conditioning, and athlete management

## **Becca Stearns, MA, ATC**

- Doctoral student in the Department of Kinesiology at the University of Connecticut
- Vice president and director of education for the Korey Stringer Institute housed at the University of Connecticut's Neag School of Education

## **Matt Tauber, MA, ATC, CSCS**

- Co-Founder Lifestyle Integrated Fitness Training (LIFT)
- Former Head Athletic Trainer / Strength and Conditioning Coach for the Rye City School District

## **Brian Sutton, MS, CSCS, CPT**

- Co-Founder Lifestyle Integrated Fitness Training (LIFT)
- Head strength and conditioning coach for modified, junior varsity, and varsity sports for the Rye Neck School District
- Former Director of Performance Coaching at Altheus Health and Performance in Rye, NY

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Sunday May 1<sup>st</sup>, 2011  
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# Directions

**Doral Arrowwood**  
**975 Anderson Hill Road**  
**Rye Brook, NY 10573**  
**914.939.5500**

<http://www.doralarrowwood.com/>

## From CT via I-95

1. Follow signs for I-287 West (Cross Westchester Expressway).
2. Take I-287 West to Exit 8 (Anderson Hill Road).
3. Turn right onto Anderson Hill Road.
4. Arrowwood is approximately 3 miles ahead on the left.

## From CT via Merritt Parkway

1. Merritt Parkway (Rt. 15) South to Exit 27 (King St.).
2. Turn Right off exit ramp onto King St.
3. Turn Left at first traffic light onto Anderson Hill Road.
4. Arrowwood will be on your right.

## From Southern Westchester

1. Hutchinson River Parkway North. to Exit 28 (Lincoln Ave./Harrison/Rye Brook).
2. Turn Left off exit ramp onto Lincoln Ave.
3. At second traffic light turn right onto Anderson Hill Road.
4. Arrowwood is approximately 1/2 mile ahead on the left.

Athletic Trainer Solutions ® is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

# Program Schedule

- 7:00 am to 7:50 am – Registration and visit exhibitors
- 7:50 am to 8:00 am – Introduction – Ed Kravitz, MS, ATC, LAT
- 8:00 am to 9:00 am – Current Concussion Classification and RTP Criteria – Keynote Speaker – Barry Jordan, MD
- 9:00 am to 9:50 am – On-Field Management of Sports-Related Concussions – Rick Zappala, MS, ATC
- 9:50 am to 10:40 am – Comparing and Contrasting Neurocognitive Testing Programs – Eric Small, MD
- 10:40 am to 11:00 am – Break to see the exhibitors, coffee and tea provided
- 11:00 am to 11:50 am – How to successfully implement an ImpACT program in the high school settings – Herb Doerr, PT, ATC
- 11:50 am to 12:20 pm – Q & A Panel – Moderated by David Byrnes, MS, ATC, LAT
- 12:20 pm to 1:00 pm – See Exhibitors – Buffet Lunch Provided
- 1:00 pm to 2:00 pm – Fueling the Football Athlete – Joe Regan, MS Nutrition and Exercise Science
- 2:00 pm to 2:50 pm – Prevention and Management of Heat Related Injuries – Becca Stearns, MA, ATC
- 2:50 pm to 3:10 pm – Break to see the exhibitors and coffee and tea provided
- 3:10: pm to 4:00 pm – Safely Making Today’s Football Player, Bigger, Stronger & Faster – Matt Tauber, MA, ATC, CSCS, and Brian Sutton, MS, CSCS, CPT
- 4:00 pm to 4:30 pm - Q & A Panel – Moderated by David Byrnes, MS, ATC, LAT
- 4:40 pm to 4:50 pm – Closing Remarks – David Byrnes, MS, ATC, LAT
- 4:50 pm – SOATS Meeting to follow program

Morning and afternoon snack and beverages provided throughout the symposium

Cancellation Policy - You may cancel up to 7 days prior to the program with a refund minus a \$50.00 administrative fee. Any cancellation less than 7 days prior to the program will result in forfeiture of the entire registration fee.

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# Registration

	Early Bird*	On-Site or On-Line
Student – Athletic Trainers, Physical Therapists, and CSCS	\$150	\$175
Certified Athletic Trainers, CSCS, PTs, ADs, Coaches, EMTs and Members of the Community	\$199	\$218

\*Early Bird Registration must be completed by April 1<sup>st</sup>, 2011.

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

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Contact: Ed Kravitz 860.805.7259  
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